

"Confident learners who accept social responsibility and live sustainably"

Tena Koutou nga whanau me nga tamariki.

Newsletter day already. What a quick week... still fun-filled with learning and play!

I am really looking forward to the Matariki experience tonight, and hoping to meet many of our families there. Please make sure you introduce yourself to me... and I'll try to put a name to the face the next time you're in school!

Positive Playground Play

Congratulations to the winners from our classrooms for Positive Playground Play for Week 5.

Kererū - Penny Takahē - Zoe Ruru - Jade M Piwakawaka - Neeve Kāhu - Tahlia

This week we have focused on kind words again with the draw to be held at assembly this afternoon. Next week the focus is "Taking Turns."

Fonterra Milk in Schools

We have decided to get "on board" with this opportunity from Fonterra. In its 4th year, over 1000 New Zealand schools are now receiving free milk for NZ kids. Milk is an excellent source of calcium, which many of our children are lacking.

Attached to the newsletter is a permission slip for your child/ren to have the milk. This slip just means that you are aware we have the milk in school and that your child is able to have it. This will still be by choice on a daily basis. We understand that milk is not the favourite drink of choice for some children so we will encourage them to try the milk before they decide it is not for them.

Enviroschools Hui

A small group of students will attend the Enviroschools Hui next Tuesday at Eskdale School, with Jo Smith and Jacqui. These students will bring a notice home today. This is a great initiative which allows our children to share with other children how they and their schools are proactive in living sustainably.

Ironmaori Tamariki 2017

Notification of this event came through this week. This will be held on Friday 1st December at 11am. Age groups are 5-9years (100m swim / 1km run) 10-12years (200m swim /1km run). If your children are interested, please register at <u>www.ironmaori.com</u> and then let us know at school. If there is enough interest, we will organise transport through school. Participants will look forward to a fun and supportive environment, and will receive a personalised race bib, an event tee-shirt, a medal, a race pack and an amazing action packed atmosphere.

Good luck for sport this weekend. Play hard and play fair! Remember to let your coaches know if you can't make it to the game. It makes a coaches life much easier... and on that note remember to thank your coaches and support them in their decisions.

> Trish Fryer Acting Principal

Matariki tonight ... please meet under the flagpole at Te Aute College by 6.15pm. Parents, please make sure your children are wearing a warm thermal layer under their sports top as it could be very chilly. See you there... *Mrs Anderson*

ph 06 8568169 / 021 2143346 office@pukehou.school.nz pukehou.school.nz It was great to have a long weekend and with a few coughs and colds going about, the rest was needed and appreciated. I hope you all enjoyed the extra day.

Past Pukehou School pupil Tiaan Falcon is currently playing in the U20 Rugby World Cup in Georgia. We wish him and the team all the very best!

We are all looking forward to our performance tonight at the Matariki Festival.

Our focus in mathematics continues to be with fractions. We have also been looking at using the protractor to measure angles.

We have been learning about the classification of the Animal Kingdom, writing explanations of the different classes of Chordata. (Mammals, birds, amphibians, fish, reptiles, Arthropoda (insects)). The students have researched an animal of their choice and have taken notes (key words) and have written a report about their chosen animal.

Check out our wonderful button sewing / art on Seesaw. See the photos on the back page :) Go Team NZ as they head into the next round of racing. Go the Hurricanes and Crusaders! Have a great weekend.

Nga mihi nui Mrs Strong

Another busy few weeks in Ruru, with the end of term approaching quickly. Last week we had Amy Davidson from Zero Waste come and talk to us about reusing and re-

cycling. The children enjoyed searching for different types of plastics and seeing which ones were easiest to recycle.

This week we finally got round to finishing off our stained glass windows. They are looking fantastic and just need a bit of touching up, then they will be ready to be displayed. The students have also done some really awesome charcoal art with a coffee wash over top. Come and check them out! I'm sure your child would love to show you what they have done.

Have an awesome weekend. Mr Lorkin

A very short but busy full on week. Last Friday was the final session of badminton and the children loved the opportunity to play a few matches with different rules which was lots of fun. A great winter indoor activity. The past two weeks we have been doing observational drawing, wow they are so good, worth coming in to have a look at. In writing, we have been focusing on explanations and children have chosen their own topics and have published their writing on the notebooks which they have been very excited about, all tapping away at different times of the day, feeling like real authors. Matariki practices are coming along well and I know the children will love the experience tonight. See you there if you can make it, children are to wear their sports shirts. In reading, we are focusing on non-fiction text so there have been some hands-on activities happening as an action from our reading. These include making seed balls, learning to fold plastic bags into small triangles for easy storage, measuring and drawing monster crocodiles actual size and next week photography, so busy, busy, busy. Skipping is the activity of the moment with the grass being very wet. Lots of fun and creativeness happening. Have a great weekend. Mrs Anderson

Brrrr it's definitely winter. We have had some cold starts to the day but most of our Takahē children have been wearing warm jackets and socks to keep their feet warm which all helps get them through a long cold day. We have been lucky enough to get enough sun to go out and enjoy our fitness and P.E activities this week. Thank you to all those parents who ensure their child also has a clean change of clothes in school bags as we are now faced with many muddy areas in our playground. Takahē children are working hard to keep the mud out off the carpet that we spend so much time on during the day! I have noticed a big drop in drink bottles coming to school. Our children are still encouraged to drink plenty during winter especially with so many coughs and colds around and won't have to share a drinking fountain. For those who are going to the Matariki Festival tonight, have fun and sing loud and proud. I look forward to hearing all about it on Monday. We have a birthday in the family and sport commitments to keep

our weekend busy. Mrs Osborne

I hope everyone had a wonderful long weekend, what a luxury sleeping in on a Monday! Kererū kids have been busy beavering away with their writing about Mangonels and their daily reading. We have been looking at shapes, colours and measurement for Maths. We have had a kite focus this week also. This week we have begun to have visiting students again, it's exciting, there will be some excited kids turning 5 soon! Vincent had a wonderful day on Wednesday, especially making paper aeroplanes. Alice is visiting today and I know is very excited. Jack starts visits next week, so it's all go in Kererū! Good luck tonight to those performing at Matariki, sorry I can't be there to support you but I will be in Napier with my children's hockey team. To those playing sport on Saturday, good luck, play hard but fair. *Mrs Smith*

<u>Fri 9 Jun</u> Matariki at Te Aute College	\$ <u>1</u>
Mon 12 Jun Milk in Schools starts here!	DI
<u>Tues 13 Jun</u> Enviro Hui	DIARY
<u>Wed 14 Jun</u> Wastewise Show (Free)	,
<u>Fri 16 Jun</u> Book Club orders due	DATE
& Paper Mulberry Lunch	E M
Mon 26 Jun Board of Trustees Meeting	Ą

Miniball games tonight:

4.00pm Pukehou Pukeko's vs Terrace Te Meke 4.30pm Pukehou Kiwi's vs Terrace All Stars

Netball Draw for Saturday 10 June 9.00am Pukehou Keas Crt 1 10.00am Pukehou Combined Crt 6a 11.00am Pukehou Yr 5/6 Crt 4 12noon Pukehou Intermediate Crt 2

House Points		
TERM 2		Term
KAHURANAKI (Blue)	2,252	11,885
PUKENUI (Green)	1,155	12,726
PUKEITI (Red)	3,315	18,006
KAUHEHEI (Yellow)	1,612	17,038

Reminder:

Invoices were sent out last month. We ask that all Bus, Sport and Stationery Fees be paid by the end of the term please as the school has already been invoiced for these items. Please contact Jacqui if you would like an updated balance of your account or wish to discuss regular online payments.

<u>Attached:</u>

- Lunch order form
- Milk is Schools participation form







44 Ruataniwha St Waipukurau 06 8588-124 COLOUR - CUTS - EXTENSIONS - WEDDINGS - NAILS - MAKEUP - WAXING -FACIALS - MASSAGE - SPRAYTAN -BODYWRAPS All your Beauty needs under one roof! <u>tenekapere@onyxhair.co.nz</u> (<u>www.onyxhair.co.nz</u>)

Rheumatic Fever

Rheumatic fever is a serious disease that can cause the heart, joints and brain to become swollen, leading to permanent heart damage. It is caused by a throat infection from a Strep bug. Most sore throats are caused by viruses and will go away with time and do not require anti-biotics. However ANY sore throat should be checked as it could be a STREP throat. A strep throat does require a full 10 day course of anti-biotics. Not every strep throat will cause rheumatic fever, and your chances of getting rheumatic fever increase with each strep throat infection. HOW-EVER, just one untreated strep throat can lead to rheumatic fever.

HEALTHY HOME

Check you have the best heating option for your home.

There are many heating options, and some are safer and cheaper to run than others.

Recommended heating options are:

- Electric heater with a thermostat
- Gas heater with chimney [flue]
- Heat pump
- Modern pellet or wood burner.

If you use an electric heater with a thermostat and have kids or elderly in the house, set the thermostat at around 20 degrees during the day and around 16 degrees in bedrooms at night.

A portable gas heater is not recommended because it doesn't have a chimney (flue) to carry the harmful gases outside or away from your home and it releases lots of moisture into the air. This makes your home damp and causes condensation. It can also be a fire risk. Anything too close can catch fire quickly. If you do use one, keep at least one window open. Never use it in bedrooms.

Lou Macklow | Public Health Nurse

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