



## Newsletter - Week 9 Term 3

Friday 20th September 2019

### Principal's Message

Ngā mihi nui ki a koutou.

What a busy few weeks we have had here at Pukehou. Our students have been out and about competing or participating in various events which has been wonderful to see. I was especially fortunate to accompany Ruru to the Aquarium and Pekapeka wetlands last Friday as part of their conservation study. A wonderful trip was had by all. It was wonderful to watch our School Values of Manaakitanga/Respect, Tangata Whenuatanga /Citizenship and Whanaungatanga/ Relationships come to the forefront of their interactions with each other as well as with the accompanying adults and Aquarium staff. What was especially great to see was the care and concern from our young people at the wetlands when they discovered bins overflowing with rubbish. Fortunately we were able to find a black plastic rubbish bag in the back of my car that they proceeded to fill and brought back to school to discard of properly. Ka mau te wehi team! (Awesome!)

Yesterday a team of 21 Pukehou students ran their hearts out at Lake Station, Wanstead against other CHB primary students. It was a perfect day for the event and they can all be proud of their efforts on the course that included mud, hills and water obstacles. This week we farewell Sophie Wynn, our candidate teacher who has been working in Ruru over the last five weeks. We have been so lucky to have Sophie working with our pupils and wish her all the very best in securing her first teaching position.

As always if you have anything that you would like to discuss regarding your child's education, please do not hesitate to contact the staff or I. Our doors are always open.

Nga mihi

Chris Birch  
Principal

### Can you help?

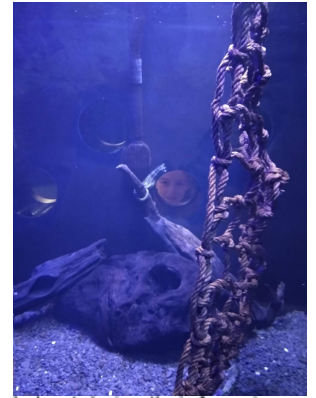
We are looking for a load of small limestone boulders (child carrying size) to place over weed matting on the bank outside the hall. If you can access a truck load of these (or part of) please let the office know. A small group of students and I would love to tidy up this area of our school. Thank you!

### Lost Property

With the final week of school upon us, please endeavour to pop in to school to check the lost property box for your child's clothing. This will be spread out over the hall floor for all to collect. Anything left at the end of term will be cleaned and donated to charity.

### Pukehou Values in Focus: Oranga / Hauora / Health

What is Health? Being healthy at Pukehou involves both the physical and mental aspect of every individual. Ensuring our students are happy and healthy is paramount in what we do, and something we are constantly striving to achieve. Lots comes into play with this. Being open and honest with each other and listening to how others feel all play a massive part in how our tamariki feel about themselves. As adults it is our job to model this to our children. We all know how to work on our physical health. Getting regular exercise and having a healthy diet both play a part in maintaining a healthy body. A healthy mind requires just as much effort. Relationships, healthy ones, form a strong foundation for our students. Being able to openly discuss their feelings, thoughts and emotions is an important part of developing a healthy child. At home discuss with them how you feel and why, open up to them about the different feelings you feel every day. Happy, Sad, Frustrated, Anxious. All are important words and



Ruru students out and about during their Aquarium and Pekapeka wetland conservation study last week.



Could these boys be future Olympians? Kaito and Taishi took 4th and 11th respectively in last weekend's MEN'S 10km race at the Hatuma half marathon. Yes **MENS** race! Well done boys!

messages/understandings that our children need to develop. With a greater understanding, our tamariki develop emotional strength, self-belief and resilience. These are all things they will need as they grow in this ever changing world.

**PWF Fish'n'Chip lunch** order for Thursday attached. Please return with the correct money by Tuesday. Sorry, no late orders. Order forms available from the office.

**Miniball** - Tonights Draw: (No game for Piwakawakas - win by default)  
 5:30pm Yr 3/4 (Kurus ? Kahus) = Luke M, Jack H, Liam, Mitchell  
 6:00pm Yr 3/4 (Rurus) = Nikora, Regan, Livvy, Toby, Ollie  
 7:50pm **Yr 7/8 Kahus** - Remember your mouthguard. **No mouthguard = No play**

**Hats** - Reminder: As per our Protection from the Sun Policy

- During Terms 1 & 4, we require students to wear hats that shade the face, neck, and ears, whenever they are outside and involved in school activities. Students at school without a hat must remain in an allocated shaded area or inside at break times. Hats must be broad-brimmed (min. 7.5 cm), or legionnaire/bucket hats (min. 6 cm brim, deep crown). These hats provide significant protection to the eyes.

So, it's now time to make sure that your family all have the correct sun protection for the summer. Please name the hats clearly.

**Important Dates:**

Sat 21 Sept - **Colour Chaos** Fun Run  
 Fri 27 Sept - End of Term 3  
 Sun 29 Sept - Daylight Saving starts  
 Mon 14 Oct - Term 4 begins  
 Fri 18 Oct - Pukehou Pet Day

**Please pay your Bus Fees for this term - thank you to those who have regular payments coming in.**  
 We would appreciate payment for all school activities too.  
 Check with Jacqui if you'd like a balance of your account.

**Hold your excitement!!! Pet Day is on its way!!!**



**FRIDAY 18<sup>th</sup> OCTOBER**

(First Friday of Term 4)  
 A few changes to 2019's Pet Day.....  
 The morning will consist of Whole School House Agri-sports  
 Animal Judging after morning tea  
 PWF Fish'n'Chip lunch  
 Finishing the day with a viewing of the Art Auction and Classrooms

Lock in the date and get the animals ready over the holidays! (All pets must be lead into the judging ring)  
 A special Pet Day Newsletter and Info flyer will be sent home next week.  
 If you have any questions get in touch with Mrs Smith.

<b>House Points:</b>	<b>Pukeiti</b>	<b>Pukenui</b>	<b>Kauhehei</b>	<b>Kahuranaki</b>
<b>Totals for this week:</b>	4,458	4,374	3,807	<b>4,878</b>
<b>Term totals to date:</b>	<b>38,034</b>	33,252	29,019	34,439

**Riverside Perennials**

We propagate and grow all our own plants including Herbs, Shrubs, Old Fashioned Perennials and Natives.

Contact Linda and Adam  
 144 Mt Herbert Rd Waipukurau  
 027 7150248 / 06 8585028  
 Or find us on Facebook

**9:00 am TOMORROW - Colour Chaos Trail & Fun Run** 269 Drumpeel Rd  
 Go to **COLOUR CHAOS @ eventfinda** for more information and your tickets.