



## Newsletter - Week 2 Term 1

Friday 14th February 2020

### Principal's Message

Ngā mihi nui ki a koutou.

The students have jumped straight back into the swing of things after the long summer break. It has been wonderful to see and hear everyone arriving with positive 'Can Do' Pukehou attitudes. We have a few new faces at Pukehou this term. We welcome all our new students, staff and their families to the Pukehou community and hope you enjoy your time at our wonderful school.

As always Term One is a busy one with swimming events, parent teacher meetings and our Senior school camp coming up, along with other class trips. Please keep an eye out in the newsletters, Facebook and Skool Loop app for reminders.

Parent:Teacher meetings are set for next week Wednesday 19th and Thursday 20th and our whole school swimming sports will be held on Tuesday 3rd March at the AW Parsons Indoor Pools in Waipukurau. We hope to see you there.

Learning never stops. Do you make your thinking visible? You are a model for your child of what it means to be a thinker and a learner. Model your own interests, passions, curiosity, reflection, learning, and thinking for your child. Discuss this with them so they can see that you too are continually learning and wondering about the world. After all, "Wisdom begins with wonder".

As always, if you have anything that you would like to discuss regarding your child's education please do not hesitate to touch base with us. Our doors are always open.

Nga mihi

Chris Birch  
Principal

### Playground Additions

Our amazing PWF group has enabled the completion of the final installation of the third shade sail over the metal playground area. A huge thank you to this dedicated team for all their hard work in 2019 to make these shade sails possible.

It would be awesome to see new faces come along to support / help our PWF in 2020. Please keep your eye on the newsletters for the date of their next meeting.



### Hats - Reminder: As per our Protection from the Sun Policy

- *During Terms 1 & 4, we require students to wear hats that shade the face, neck, and ears, whenever they are outside and involved in school activities. Students at school without a hat must remain in an allocated shaded area or inside at break times. Hats must be broad-brimmed (min. 7.5 cm), or legionnaire/bucket hats (min. 6 cm brim, deep crown). These hats provide significant protection to the eyes.*

Please check that your family all have the correct sun protection for the summer.

Please name the hats clearly.

NO HAT = NO OPEN PLAY (Shade only) **DON'T FORGET**

**Parent Teacher meetings** - next Wednesday 19th and Thursday 20th February. The timetable will be sent home on Monday ~ if you haven't made an appointment yet it's not too late. Contact Jacqui via email or phone her on Monday morning.

**Book Club** - Use LOOP or send orders to school next week.

**International Children's Day** will be celebrated on Sunday 1 March at Russell Park in Waipukurau. This will be a FREE and fun time from 10 am -1 pm. Put tamariki first ~ It's all about the children.

**Summer Hockey** - Games have started on Tuesdays at the Centralines Sports Park at 4pm. I understand that it's not too late to join in, just contact Kimberley Booth on 027 241 7558 or email [www.sporty.co.nz/chbhockey](http://www.sporty.co.nz/chbhockey)

<b>House Points:</b>	<b>Pukeiti</b>	<b>Pukenui</b>	<b>Kauhehei</b>	<b>Kahuranaki</b>
<b>2 week totals</b>	3,200	<b>6,800</b>	4,950	4,950

## Riverside Perennials

We propagate and grow all our own plants including Herbs, Shrubs, Old Fashioned Perennials and Natives.

Contact Linda and Adam

144 Mt Herbert Rd Waipukurau

027 7150248 / 06 8585028

Or find us on Facebook

### **SWIM-A-THON** Sunday 8th March at the AW Parsons Indoor Pool.

We are entering a school team (👀👀 looking for one more adult - let us know asap if that person is YOU ) and seeking sponsorship to assist Central Hawke's Bay school children in learning to swim and survive in and around water. Can you get a business team together? See the attached flyer. All donations can be sent to the school office.

**Waipawa Museum** - Please join us for the opening of Richard Moorhead Art Exhibition on Friday 6 March at 5.30pm. Richard Moorhead is a well known local artist, he grew up in Tikokino and has painted many CHB and HB scenes in watercolour/acrylic. This exhibition is to celebrate his 80<sup>th</sup> Birthday.

### Child Health Team | Hawke's Bay District Health Board

**Insect Bites:** Insect bites are common at this time of the year and are mostly just an irritation. However, they can also lead into impetigo and/or cellulitis, which can then lead to hospitalisation.

**Prevention:** Wash skin daily with soap and water. Keep fingernails short and clean. Wash hands often. Close windows at night. Use insect repellent. Keep grass short outside. Avoid still water lying around. Mosquitos breed in still water.

**Early signs:** Red bump. There may be a blister in the middle. Very itchy. Sometimes painful (especially spider bites).

**What to do:** Check and clean bites every day. Wash the bite with cool water. Keep your child's nails short and clean. Try to stop them scratching the bites. Use something to stop the itching such as ice, aloe vera, antihistamines.

**If it gets worse:** See a doctor if: ... the red, swollen area keeps getting bigger or more painful ... there is pus.

The swelling could be poison from the insect or a serious skin infection called cellulitis. GP visits for children are FREE.

I am always happy to see your child at school if you are unsure. I can be contacted through the school.

### Ka pai tenei ra mou

#### Lou Macklow | Public Health Nurse

CHB Health Centre Ph 06 858 9090 ext 5542 cell:027203 1947. [www.hawkesbaydhb.govt.nz](http://www.hawkesbaydhb.govt.nz)

Te Taiwhenua O Heretaunga Waipukurau Centre have teamed up with **Breast Screening Coast to Coast** to support our community.

The mobile breast screening bus will be in Waipukurau from **Monday 2nd March through to Friday the 16th April** at Central Hawke's Bay Health Centre (1 Cook street) Waipukurau.

If you have any questions or are wanting to access this service please feel free to contact our Health promotional worker Makere Thorstensen on 06 858 9559 or 027 6622488. Transportation and enrolments are available through Makere also.

**All things strings!!** Exciting new beginners music lessons in Otane! Come and enjoy music in a relaxed and creative environment!

Our aim is to provide children (and adults) with musical tuition primarily based on stringed instruments and voice.

**Guitar, ukulele, bass, mandolin, vocal coaching, music theory** and how it all works together!

Taking enrolments now for 2020! Ph: 068568367 Email: [dannypriestley1@gmail.com](mailto:dannypriestley1@gmail.com)