

## **Athletics organisation 2020:**

30th October 2020



Dear Parents / Caregivers

Our Athletics competition is all set for next **Thursday, 5th November**. This year will once again be joined again by Poukawa School. All events will be taking place at Te Aute College, who have generously allowed us to use the bottom field (left hand side) for the day.

Due to logistics and timing of events, we will not be competing in the High Jump and Long Jump at Te Aute, instead these events will be held at school on separate days in class groups.

All students will be competing in: 100m sprints, vortex (javelin equivalent), discus, shot put, gumboot throw (novelty event using a discus action). Due to the numbers competing we will endeavour to run the senior pupils through a 200m race if time allows.

Students will be competing in age groups with their Poukawa peers. These groups will be: 5 year olds, 6 & 7 year olds, 8 & 9 year olds, 10 & 11 year olds and 12+. The only division in these groups will be between boys and girls.

The purpose of this event is to expose and challenge the children in a safe and supportive sporting environment. For our older students this will also form the basis for our selection for the CHB Inter school athletics event which is set for Week 6, Tuesday 17th November.

Each staff member will be running events on our own (doing the best that we can). If you are able to assist with each event as you move around with your child we would appreciate your assistance, please just ask the teacher in charge of the event (Poukawa or Pukehou) how you can help when you get there.

**Timetable:** (Please note all times are approximate). If possible we will run through events quicker to get the students out of the sun as early as possible.

**Transport:** The Otane Bus students will be dropped directly at Te Aute, the bus will then collect the Waipukurau/Waipawa students from school and take them to Te Aute College. If you drop your child off at school, please do so as close to 8:50 am as possible and drop them directly at Te Aute College (staff members will be there).

9:45 - Briefing

10:00 - 1:20 - rotations (40 min each)

(when each group gets to the Gumboot throw they will be given a short break to eat, get a drink and reapply sunblock - Morning tea)

1:20 - 1:40 Lunch

1:40 - 2:00 - 200m if time allows

Poukawa people need to leave at 2:00 pm. If possible we will hold the Pukehou House vs Parents/Staff relay. Please come along prepared to run.

**FOOD** available on the day from our Pukehou Bus Group:

Sausage and Bread - \$2

Juicie - \$2 each

**STUDENT GEAR LIST:** (please ensure your child has **everything** listed before leaving home)

- Wide brimmed sun hat - clearly named
- Covered running shoes - Bare feet are not advised due to lots of prickles.
- House coloured clothing, suitable for physical activity (**covered shoulders essential**)
- Large lunch
- 2 large water bottles that are full (it is forecast to be a very warm day)
- Medications they may require on the day
- A 'Can Do' attitude.

**ADULTS** - remember to wear your sun hats and bring your water bottles too!

You are welcome to bring your child/ren to the event on the day and take them home at the end.

**IMPORTANT:** If you are taking your child home from Te Aute please let their teacher know before you leave.

Buses will run as usual on the day, leaving from school.

We look forward to sharing the day with Poukawa and celebrating children's successes with you.

If you have any questions, either before or on the day, please just ask.

Nga mihi



*Chris Birch*  
Principal