

HEAD COACH:

Todd Astill,

Coach of Central Districts U18 Boys 2013/14
Akina Rovers HC member 25 years
Played for HB Men, CD Men NHL team
2008/09

Coached HB age group teams since 2005,
including U18 Championship winning team
2010.

Coach of the Championship winning U15
Premier Girls 2016

Woodford 1st XI coach 2020/21



A SERIOUSLY FUN HOCKEY WEEK

Course run by, Quality Coaching Services

Ideal and Affordable Hockey Holiday Course

Great for Beginners/Inexperienced to elite players aged 7 to 14.
Players to be grouped according to ability.

GET READY TO UPSKILL

Wednesday 23rd, Thursday 24th and Friday 25th April 2021

Course Fee is \$100 or \$50 if before 31st March!!!

Technical coaching from experienced Coaches including Central Districts,
& HB Rep players

- Relaxed, fun but challenging environment
- Great Hockey facilities
- Individual development and feedback
- Ability to accommodate all different skill levels
- Daily competitions, tournaments, prizes and certificates

FEE PAYMENT SENT TO QUALITY COACHING SERVICES
PAY ONLINE 01 1845 0014716 00 (PREFERRED)
Please reference with child's name

Places WILL be limited to ensure good player coach ratios...
First come first served!
Register NOW to secure a place



Facilities

The course will take place at **Woodford House, Havelock North**. Changing facilities are available. Lunch is **NOT** provided... So please bring with you a packed lunch. **PLEASE** ensure that you bring suitable clothing and your hockey equipment.

Course Times

The days and times of the course are as follows:-

Wednesday - Friday, 9.00am to 3.00pm

[30 – 60 min break for lunch between 12.30pm & 1.30pm]

Technical Work to include

Dribbling techniques – Open, Closed, Indian and even aerial skills

Hitting – this will include off both feet

Passing – including, pushing, sweeps (forehand and reverse)

Elimination Skills – including V Drag and 3D Aerial skills

Goal Scoring!!!

Footwork/Fitness

Game related games to teach special awareness

Staffing

Coaches with experience and qualifications

within Hawkes Bay

Players with International and National experience

Central Districts Players.

Coaches with Regional experience.

Coaches are Sports First Aid Trained

Excellent player to coach ratios

Top local players recognised locally & nationally

Register now to secure a place.

Bookings & payments

LIMITED SPACE IS AVAILABLE. Early booking is recommended to avoid disappointment. PRE-REGISTRATION and PAYMENT IS ESSENTIAL.

All Enquiries to:

TODD ASTILL, (QCS) QUALITY COACHING SERVICES
(HEAD COACH)

Mob 027 3262 662

Email qualitycoachingservices@gmail.com

Medical conditions that may affect participation in Hockey:

Parent/guardian consent:

I agree to my son / daughter taking part in the hockey activities, and understand that in the event of any injury or illness all reasonable steps will be taken to contact me and to deal with that injury / illness as appropriate.

I agree that photographs of hockey training may be taken of my child, and that QCS may use the photographs in any publicity including use of electronic media such as the internet.

Signed: _____ **Print Name** _____ **Date:**
(Parent/Guardian)

I enclose a cheque (payable to Quality Coaching Services), cash or paid via internet banking

**01 1845 0014716 00 If you wish to pay online (PREFERRED)
(please ensure that you reference your name)**

Further details of the course and confirmation of the arrangements will be forwarded on receipt of this booking form and payment.

A cancellation policy applies.

Please return this form via email

Course Fee is \$100 or register before 31st March and pay \$50!!!!