

QCS

HEAD COACH:

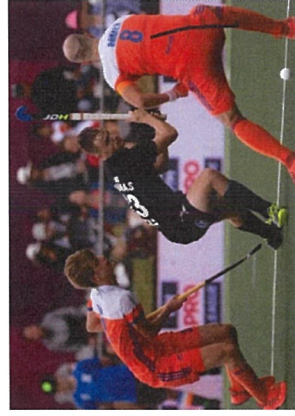
Todd Astill, Coach of Central Districts U18 Boys 2013/14, Akina Rovers HC member 25 years, played for HB Men, CD Men NHL team 2008/09.
Coached HB age group teams since 2005 including U18 Championship winning team 2010.
Coach of the Championship winning U15 Premier Girls 2016
Woodford 1st XI coach 2020/21



Special Guest Coach – Olivia Shannon (Black Stick)
Subject to availability



Special Guest Coach – Dylan Thomas (Black Stick)
Subject to availability



A SERIOUSLY FUN HOCKEY WEEK

Course run by, Quality Coaching Services

Ideal to keep your skills sharp!!!

Great for Beginners/Inexperienced to elite players aged 7 to 14.

Wednesday 19th, Thursday 20th and Friday 21st January 2022

Course Fee is **\$120** Family discounts may apply
Technical coaching from experienced Coaches including Central Districts, & HB Rep players

- Relaxed, fun but challenging environment
- Great Indoor and Outdoor Hockey facilities
- Individual development and feedback
- Ability to accommodate all different skill levels
- Daily competitions, tournaments, prizes and certificates!!

**FEE PAYMENT SENT TO QUALITY COACHING SERVICES
PAY ONLINE 01 1199 0050498 46 (PREFERRED)
Please reference with child's name**

Places WILL be limited to ensure good player coach ratios...

First come first served!
Register **NOW** to secure a place

Bookings & payments

LIMITED SPACE IS AVAILABLE. Early booking is recommended to avoid disappointment. PRE-REGISTRATION and PAYMENT IS ESSENTIAL.
All Enquiries

TODD ASTILL, (QCS) QUALITY COACHING SERVICES (HEAD COACH)
Mob 027 3262 662

Email qualitycoachingservices@gmail.com

Facilities

The course will take place at **Woodford House, Havelock North**. Changing facilities are available. Lunch is NOT provided... So please bring with you a packed lunch. PLEASE ensure that you bring suitable clothing and your hockey equipment.

Course Times

The days and times of the course are as follows:-

Wednesday - Friday, 9.00am to 3.00pm

[30 – 60 min break for lunch between 12.30pm & 1.30pm]

Technical Work may include

- Dribbling techniques – Open, Closed, Indian and even aerial skills
- Hitting – this will include off both feet
- Passing – including, pushing, sweeps (forehand and reverse)
- Elimination Skills – including V Drag and 3D Aerial skills
- Goal Scoring!!!
- Footwork/Fitness
- A range of fun games to teach special awareness

Staffing

- Coaches with experience and qualifications within Hawkes Bay
- Players with International and National experience
- Central Districts Players.
- Coaches with Regional experience.
- Coaches are Sports First Aid Trained
- Excellent player to coach ratios
- Top local players recognised locally & nationally



Medical conditions that may affect participation in Hockey:

Parent/guardian consent:

I agree to my son / daughter taking part in the hockey activities, and understand that in the event of any injury or illness all reasonable steps will be taken to contact me and to deal with that injury / illness as appropriate.

I agree that photographs of hockey training may be taken of my child, and that QCS may use the photographs in any publicity including use of electronic media such as the internet.

Signed: _____ Print Name _____ Date: _____
(Parent/Guardian)

I enclose a cheque (payable to Quality Coaching Services), cash or paid via internet banking

01 1199 0050498 46 If you wish to pay online (PREFERRED)
(please ensure that you reference you name)

Further details of the course and confirmation of the arrangements will be forwarded on receipt of this booking form and payment.

A cancellation policy applies.

Please return this form via email
Course Fee is \$120!!

Register now to secure a place.

Registration Example (Please fill in the blank box below)

Childs Name, D.O.B, Address, Home Ph, Mobile Ph, Emergency Ph, Email address, School attended,

Blank box for registration details