



Newsletter

Wisdom begins with Wonder



Week 6 Term 2 2024

Thursday 6 June

Principal's Ponderings

As week six quickly comes to a close, we have three more weeks to get ready for the CHB Ngāti Whai Festival!! This is both exciting and nerve wracking! Rachael (Mrs. Strong), who has been leading in this area along with our other teachers, is focused on getting everyone 'performance ready'. Our tamariki have been fully involved in waiata, haka, and poi practise, and it has been great to have the support of Katie with waiata and Matua Conrad, Phil and Taamai with haka, too.

Adding to the significance of this already prestigious event, the festival will be held on Thursday 27th June, the day before the Matariki celebration holiday. The challenge now is to bring it all together for a one off performance. For me, it is still one of those memorable school moments, as a parent, even though my children are now fully grown adults, and I know it is for them too. So, please pencil the day in...we have just been advised that our performance time is 11.00 am (more to follow).



CENTRALINES
LIMITED

On Friday, the team from Centralines came into school and cleared away trees and foliage that was interfering with power lines. They do a fantastic job, supporting our local communities, and we are thankful for their recent help.



Keeping Ourselves Safe with Constable Che

Next week, Constable Che will be delivering the Keeping Ourselves Safe programme in school. It's been some years since the programme was last delivered.

In this day and age, children need to be equipped with all the knowledge and tools to keep themselves safe in all situations, including online. Constable Che will deliver four lessons in each class over the coming week.



Newsletter Survey

Thank you for your valuable feedback around our newsletter, the format and the content. Jacqui has collated the responses and we will use these to inform any changes moving forward.

Annual Reporting

Each year, schools are audited and our 2023 Annual Financial Report has now been published. This, along with our 2023 Statement of Variance and our 2024-2025 Strategic Charter (and Annual Implementation Plan) can be found on our Website www.pukehou.school.nz under [School Information and Charter](#).



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Sports Reports

Unison HB 11th Grade Football Div 2 ~

1st June Maycenvale Ninjas v CHB Renegades [Archer, Jaxon, Taniora]

In a tight game, Maycenvale prevailed 3-0 scoring two well taken second half goals to clinch the win.

Hockey ~ On Wednesday 29th May our Pukehou team played Takapau at 4:35pm. It was our best game yet and we had extremely close chances at goals. We only lost 0-2. Our well deserved player of the day was Tilly!

Sports Draws

Football Unison HB 11th Grade Div 2

8th June CHB Central Renegades vam @ (Draw unavailable at time of printing)

Netball

8th June Yr 1-2 Pukehou Kererū vs Otane Ferns on Crf 7b @ 10.00am

Yr 3-4 Otane Stars - BYE

Yr 5-6 Tiko/Pukehou Tornedos vs Otane Magic on Crf 6 @ 10.00am

Yr 7-8 Pukehou Kāhu vs Porangahau on Crf 1 @ 11.00am

Hockey

6 June Mini Sticks St Joseph's / Pukehou vs Sherwood on Turf 4 @ 4.00 pm

13 June Mini Sticks St Joseph's / Pukehou vs Waipukurau 2 on Turf 3 @ 4.00 pm

12 June Kwik Sticks Pukehou vs Waipukurau 2 on Turf 2 @ 3.45pm

19 June Kwik Sticks Pukehou vs Omakere/Terrace on Turf 1 @ 3.45pm



How do you know if your water bottle is making you sick?

You often can't see the germs that may be growing inside your water bottle, and they could potentially cause you to experience symptoms similar to food poisoning. Those with sensitivities to mould may also have a flare-up of allergy symptoms if mould starts growing in their go-to tumbler.

MOULD IN A WATER BOTTLE SYMPTOMS INCLUDE:

- Coughing
- Watery eyes
- Hair loss
- Respiratory issues
- Chronic fatigue
- Digestive problems
- Rashes
- Mood swings
- Brain fog
- Runny nose
- Neurological issues

No two experiences with exposure are the same. Still, the chance of adverse health reactions developing is enough of a reason to take action to avoid mould in a water bottle. Not only that, but steps to prevent mould in water bottles also help remove other harmful microscopic particles that can build up inside of these containers, including viruses and bacteria.

When mould is in a home or a water bottle, though, the immune system isn't simply facing a few particles a day. It's facing an army of them every time someone is inside the home or takes a sip of water from their bottle. That's an enormous task and can lead to the immune system eventually getting overrun and malfunctioning.

House Points:	PUKEITI	PUKENUI	KAUHEHEI	KAHURANAKI
Week 5 - 6	6,050	3,980	4,500	5,100
Term totals to date:	29,300	24,710	29,450	25,050

**BOT
Member
Profile**
AK Hansen



Kia Ora, my name is AK Hansen. I am married to Lee and we have two children; Lily (year 10) and Archer (year 7). We live in Waipawa and I work as a Behavioural Vision Therapist in Hastings. Our family love being part of the Pukehou Community and I have been on the School Board for 7 years. Being involved in School Governance, supporting Rob and the staff, and seeing Pukehou tamariki grow and thrive is really rewarding. If you have any questions about the Board, please just ask!

IMPORTANT DATES:
(Check updates on the HERO Calendar)

JUNE

Mon 10 Final Swim4Lives session

Tues 11 - Thurs 13 Keeping Ourselves Safe
(with Constable Che & The NZ Police)

Wed 19 4 Year Old Discovery Day

Fri 21 PWF Matariki DISCO

Thurs 27 CHB Ngati Whai Festival

Fri 28 **School Closed for Matariki**

Family Account \$: Thank you to those who regularly check the balance of your account on HERO and make payments accordingly. We appreciate your vigilance. Regular direct credit payments are a great way to keep on top of your account. Otherwise, payments can be made via 'Stripe' on HERO (incurring a small fee), with cash or online. If at any time you would like a hard copy of your invoice, please don't hesitate to ask Jacqui.



A huge **thank you** to Ian F, a past parent from many years ago, who has voluntarily delivered numerous loads of firewood for the Bus Group fundraiser.

Ian, your time, hard work and support of the school is hugely appreciated!

There is more oak firewood available, \$500 per cord. Contact the school or a member of the Bus Group if you'd like to place an order.

Teacher Only Day Professional Learning:
It was great to spend Friday's Kā hui Ako organised Teacher Only Day with about 100 kaiako from across CHB. We enjoyed the humour, knowledge and expertise of New Zealand author Vince Ford, leading international educator in boys' education speaker Joseph Driesson and language adviser and a writer, Gail Loane. Their similar message resonated with us re-confirming the importance of making connections and building relationships with our tamariki and whā nau. Workshop presenters also provided a range of topics to support our classroom practices - lots of takeaways for everyone!

Vaccines to protect against illness

People immunised against vaccine-preventable diseases are less likely to get these diseases and pass them on to others in their whānau.

Influenza: The flu vaccine is available from 1 April every year. It is free for people who are pregnant, over 65s, and people at higher risk of getting very sick. Check with your healthcare provider to see if you are eligible.

Measles: New Zealand is at high risk of a measles outbreak so NOW is a great time to check you are up to date with the MMR vaccine that protects against measles, mumps and rubella.

Meningococcal disease: The Bexsero vaccine became part of the immunisation schedule in March 2023. All children up to 12 months of age are funded to receive three doses. Funding is also available for children under 5 years of age as part of a catch-up programme, until 31 August 2025.



Influenza (flu)

It is recommended that everyone over 6 months of age gets an annual flu vaccine.



Bexsero (Meningococcal)

Pēpē and tamariki should get their vaccine doses at 3 months, 5 months and 12 months.



Measles

All tamariki need two doses of MMR given at 12 and 15 months. If in any doubt that your tamariki have had both, talk with your GP.



Whooping cough (pertussis)

Pēpē and tamariki should get their vaccine doses at 6 weeks, 3 months, and 5 months. Booster doses are offered at 4 and 11 years old.



COVID-19

Tamariki 5 years and older are able to have a vaccination.

If you have missed a vaccination, it's okay. It is free for tamariki to catch up on most vaccinations, and adults can catch up on lots too. Talk to your healthcare provider to make a plan.

You can also create a free, personalised routine immunisation schedule for your child at: www.immunise.health.nz/get-a-personalised-immunisation-schedule/

Otane Village Artisan Market

This was recently developed by the Otane Hall Committee, with the first market in May of this year. The market is held on the first Sunday of every month.

We are seeking both stall holders and visitors to support our new venture. All goods are hand made, hand crafted and sold by the maker. The July Market will be a Mid Winter Xmas Celebration with a fire in a brazier, children's face painting and plenty of hot food! With live music and a great atmosphere we promise a wonderful market experience!

For more information don't hesitate to contact **Barbara Byford - Organiser (Bronwin Boswell Marketing)**

barbarabyford@yahoo.co.nz

2024 Ross Shield Tournament

ART

Competition



All CHB Primary School students are invited to enter the competition to design the front cover for the upcoming 2024 Ross Shield Tournament programme.

Criteria: An A4 portrait sized picture that is CHB rugby themed. If using photographs please use high quality. **No titles or dates** please.

Prize: \$100 Paper Plus voucher for the individual winner and a \$50 voucher for their school.

Send: All entries due by 26th July, to be either dropped at Story's Clothing, Ruataniwha Street, Waipukurau, or emailed to pennyb76nz@gmail.com

Penny Baines 02108301680

C.H.B will be hosting this Tournament @ Central Park from Tuesday 1st October to Saturday 5th, 2024.

What's ON top?

Kāhui AKO

Ruahine - Te Angiangi

MATHEMATICS AT HOME

FOR OUR OLDER MATHEMATICIANS

WHIAWHIA TE KETE MATAURANGA - FILL THE BASKET OF KNOWLEDGE

- talk about sales in town - 25% off, 30%, 10%, half price. Look for the best value and make a game of calculating the savings on items your child is interested in
- identify and describe how 2D shapes have been moved within kōwhiriwhiri and tukutuku panels, and how 3D shapes have been moved in carvings
- budget pocket money and/or plan ahead to open a savings account. Talk about earning interest and investigate with them which bank account will give them the best return for their money
- talk about current prices for items that interest your child and investigate which store offers the best price
- notice angles, parallel and perpendicular lines around you.
- play games - find a new board or card game that uses strategy
- plan and budget the family holiday (or a day trip) - look online for the best transport method in terms of time and money, accommodation, and activities to do.
- guess how many times you use your cell phone a day/week/month and predict the cost. Work out the best price, pre-paid versus a plan
- helping at the supermarket - look for the best buy between different brands of the same item and different sizes of the same item (e.g., toilet paper, cans of spaghetti, bottles of milk)
- working out how many servings we could get from a bottle of juice, packet of pasta etc

RUGBY SKILLS

Jack from HBRU visited last week for our first coaching session. Building confidence on the rugby field and learning skills from how to hold, pass and catch the ball through to dodging, safe tackles and kicking. Students enjoyed putting into practice the skills learned during mini games. Jack will be back next week for session two!



Swimming Lessons

Mondays this term we have been developing swimming skills and water confidence with the amazing swim instructors at Waipukurau Pools. From floating and blowing bubbles to kicking with long legs and correct arm actions and stroke refinement, each group was tailored to suit the students' needs. Our last session is on Monday - we hope all students will remember their togs.



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